

Vascular Unit - VTE Risk Score

Venous thromboembolism (VTE also known as blood clots) can be a complication of treatment. This self assessment is designed to work out whether or not you are at particularly high risk of VTE.

Please tick every box relevant to yourself (the patient). If you are unsure about any of the questions, please ask a member of staff.

Patient details

Risk	score
<input type="checkbox"/> Age 60 years or above	2
<input type="checkbox"/> Very overweight. i.e women with a waist measurement of more than 88cm (35in) and men with a waist measurement of more than 102cm (40in)	2

Current medication - are you taking:

Risk	score
<input type="checkbox"/> Oestrogen-containing contraceptive pill	2
<input type="checkbox"/> Hormone replacement therapy	2
<input type="checkbox"/> Tamoxifen or Erythropoietin / Darbepoetin	2
<input type="checkbox"/> Thalidomide / Lenalidomide	2

Family history

Risk	score
<input type="checkbox"/> A family history of leg vein clots (deep vein thrombosis) or lung clots (pulmonary embolus) in close family (brother, sister, father, mother).	2

Medical history

Risk	score
<input type="checkbox"/> Thrombophilia	3
<input type="checkbox"/> Varicose veins with phlebitis	3
<input type="checkbox"/> Heart disease	1
<input type="checkbox"/> Lung disease	1
<input type="checkbox"/> Inflammatory disease (bowel or joints)	1
<input type="checkbox"/> Undergoing treatment for cancer	3
<input type="checkbox"/> Previous history of leg vein clots (deep vein thrombosis)	3
<input type="checkbox"/> Previous history of lung clots (pulmonary embolus)	3
<input type="checkbox"/> Pregnant or within 6 weeks of childbirth	3

Total score: _____

Once completed, please give this form to a member of staff in the Vascular Unit.

Score	Recommendation
0 - 2	Advise patient to keep active and drink plenty of water every day. Give the patient the information booklet to read
3 or more	As above, doctor to decide if patient needs dalteparin (Fragmin) 5,000 units once a day (as an injection) for 5 days.

To be completed by Vascular Unit staff:

<input type="checkbox"/> Expected significant post treatment reduction in mobility?	score 2
<input type="checkbox"/> Procedure with a total anaesthetic and surgery time of > 90 mins or 60 mins if surgery involves pelvis or lower limbs?	2

Clinical decision

Total score: _____

Date: _____

Stick patient label here

- No prophylaxis required.
- Thrombotic risk outweighs bleeding risk
Prescribe LMWH
- Dalteparin prescribed and given