

APPENDIX 2

Out of hours NG/Gastrostomy Feeding Regime for Patients at MODERATE RISK of Re-feeding Syndrome

(see Re-feeding Guidelines criteria for assessing risk)

Patient Name:	Hospital Number:
Ward:	Date:
Signature of initial assessor inc. grade:	

Follow the appropriate care plan for tube feeding management.

Electrolyte imbalances should be corrected as necessary go back to flowchart and follow Y2. Do not wait for electrolyte blood level to be within normal range before starting slow feeding. See Refeeding Guidelines for protocol.

Day 1 **30ml/hr** **for** **20hrs**
Nutrison Standard at **for** **4hrs**
Rest
Flush tube before and after feed with 30ml freshly drawn tap water

If tolerating feed and blood results stable, proceed to Day 2.

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Day 2 ----- **For** **20hrs**
Nutrison Standard at **For** **4hrs**
Rest
For patients: ***35mls/hr**
30-40kg ***40mls/hr**
45-70kg ***45mls/hr**
>70kg

Flush tube before and after feed with 30ml freshly drawn tap water

Continue as Day 2 until reviewed by a Dietitian

Ensure clinical and biochemical monitoring is carried out as in Y2 in previous flowchart

Fluid requirements should be assessed on an individual basis by clinicians. As a guide, requirements are approximately:

- 35mls/kg for patients < 60 years of age
- 30mls/kg for patients > 60 years of age

This assumes there are no additional losses or requirements.

When assessing requirements, fluid given via enteral feeding and IV fluids must be taken into consideration, to prevent fluid overload.