**Planning your involvement**

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| 1. What problem are you trying to solve? |
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| 1. How can insights from patients help you solve this problem? |
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| 1. What questions do you need to ask them to gather this insight? |
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| 1. Who do you need to speak to gain this insight? What experience or skills do they need? |
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| 1. What method/s of involvement will you use? |
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| 1. How will you recruit your patients/carers/family members? |
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| 1. What do you need to do to successfully deliver the involvement activity? |
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| 1. How will you know that your involvement activity has been successful? |
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