Dear

As discussed at your recent midwifery appointment, we would like to invite you (and your birth partner or anyone significant in your pregnancy and birth journey) to our virtual antenatal sessions which are run over 2 x 2 hour sessions using Microsoft Teams. Please see the attached leaflet with dates and times and inform your community midwife which sessions you would like to join.

Again, included below are some further links to important and relevant information for you to read at your convenience. We have included the screening link again as there is information here regarding screening for your baby after birth.

LABOUR AND BIRTH

https://www.nhs.uk/pregnancy/labour-and-birth/

https://www.labourpains.com/home

https://www.nct.org.uk/labour-birth

INFANT FEEDING

https://www.nhs.uk/start4life/baby/

https://www.breastfeedingnetwork.org.uk/breastfeeding-help/

https://www.nhs.uk/conditions/baby/breastfeeding-and-bottle-feeding/

SAFE SLEEPING

https://www.lullabytrust.org.uk/

PARENTING

https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/baby-parenting/

https://aimh.uk/getting-to-know-your-baby-videos/

NEWBORN SCREENING

https://www.gov.uk/government/publications/screening-tests-for-you-and-your-baby

HEALTH VISITORS

https://www.dorsethealthcare.nhs.uk/healthvisiting

https://wiltshirechildrensservices.co.uk/health-visiting/teams/wiltshire-health-visitors/

https://www.southernhealth.nhs.uk/services/child-health-services/health-visiting/

<u>Please do not use this email address to correspond with us. This mailbox is not</u> <u>monitored.</u>

If you have any problems, concerns or questions you MUST phone our maternity triage line on 01722 425185.