**Obstetric Anaesthetic Antenatal Clinic Referrals**

**Referral Process**

* Please complete this form electronically and email it to:

**sft.obsanaesthetics@nhs.net**

* Referrals will be triaged by an obstetric anaesthetist in clinic, with clinics taking place once a fortnight on a Monday and all documentation uploaded to Lorenzo thereafter!
* Clinics will be a mixture of face to face and virtual appointments depending on the reason for referral.

**Indications for referral**

This is not intended to be a comprehensive list! For any advice regarding referral, contact bleep 1805.

**BMI**

* **40 to 45 kg/m2** **not to be referred** but to be given a patient information leaflet by their community midwife, this will include an option to contact the anaesthetic team should they have any questions.
* **45.1 – 50 kg/m2** refer as usual
* **> 50.1 kg/m2** refer at booking appointment with the aim of being seen at/around 20 weeks.

**Past history or family history of problems with anaesthesia.**

* Difficult or failed intubation, or anticipated difficult airway.
* Anaphylaxis.
* Suxamethonium apnoea.
* Malignant Hyperthermia susceptibility.
* Porphyria.
* Problems or complaints after previous general or regional anaesthesia.
* Severe needle phobia.

**Spine problems.**

* Previous back trauma or surgery (e.g. spinal fusion, discectomy, laminectomy).
* Congenital abnormalities (e.g. kyphoscoliosis, spina bifida variants).

**Neurological disorders.**

* Multiple sclerosis.
* Myasthenia gravis.
* Spinal cord injury.

**Cardiorespiratory disease.**

Pregnant women with complex cardiac or respiratory disease are usually managed in Southampton. Those with stable less complex disease may have shared care with a well-documented plan from Southampton in the patient’s notes.

**Haematological disorders.**

* Von Willebrand’s disease, haemophilia, or other inherited coagulation disorders.
* Platelet deficiencies (thrombocytopenia with count <100) or platelet dysfunction.
* Therapeutic anticoagulation (not thromboprophylaxis).
* Sickle cell disease.

**Other**

* Systemic disease (e.g. systemic lupus erythematosus, rheumatoid arthritis, ankylosing spondylitis).
* Ehlers- Danlos Syndrome (connective tissue disorder)
* Chronic renal failure/ renal transplant.
* Refusal of blood products (e.g. Jehovah’s Witnesses).
* ASA 3 or greater for any reason.

**Post Natal Follow Up**

**This provides an opportunity for women to discuss difficult experiences for example:**

* **A failed neuraxial block either poor pain relief during labour or conversion to a GA for an operative procedure.**
* **Follow up after blood patch for a PDPH or other complications of a neuraxial block.**

**TO BE COMPLETED BY REFERRING OBSTETRICIAN/MIDWIFE**

**If the woman has had surgery (especially spinal) or medical management for the condition at another hospital, please ensure the relevant operation note or consultant letters are attached to the referral form or uploaded to Lorenzo. If this is not available, please refer the woman early so we have time to investigate.**

**Some assessments will be carried out by ‘phone and we won’t have access to handheld or medical notes, so please bear this in mind when completing the reason for referral.**

**Details of Referral:**

|  |  |  |
| --- | --- | --- |
| **EDD:** | **Gravida** | **Para** |

**IF APPLICABLE PLEASE ASK THE PATIENT TO BRING ANY TERTIARY CENTRE DOCUMENTATION TO THEIR APPOINTMENT**

**DETAILS OF ANAESTHETIC REVIEW OR REASON FOR NO ACTION**

**WILL BE UPLOADED TO LORENZO, ADDED TO PATIENT NOTES**

**AND TO THE FOLDER ON LABOUR WARD.**