

## Competency 4: Dressing the stoma site



### Trainee

Name: .....

Title: .....

Ward or department: .....

### Clinical assessor

Name: .....

Title: .....

Method of assessment: .....



**Skill criteria**

- No errors observed 5
- Occasional errors, corrected by trainee 4
- Frequent errors, corrected by trainee 3
- Frequent errors, not corrected by trainee 2
- Trainee unable to proceed without instruction/prompting 1

K= knowledge (minimum level indicated in box \*)

**Knowledge criteria**

- Evaluation: *articulates response, what, when how and why* 5
- Synthesis: *articulates the connections between the parts* 4
- Analysis: *able to examine how parts relate to the whole* 3
- Application: *can relate facts to another situation* 2
- Knowledge and understanding: *provides examples and distinguishes differences between examples* 1

S= skill (minimum level 4)

Observable criteria	Minimum level	Tick level of achievement					Assessment Outcome		Assessors Signature and Date
		1	2	3	4	5	Pass ✓	Fail ✓	
	* State required level i.e. S4, K5								
1. Set up the essential bedside equipment	S5								
2. Set up the equipment for cleaning the site	S5								
3. Discuss the rationale for securing the tracheostomy tube	K5								
4. Discuss the rationale for dressing the tracheostomy tube	K5								
5. Prepare the patient	S5								

Observable criteria	Minimum level	Tick level of achievement					Assessment Outcome		Assessors Signature and Date
		1	2	3	4	5	Pass ✓	Fail ✓	
	* State required level i.e. S4, K5								
6. Demonstrate a safe and effective technique for changing the dressing	S5								
7. Demonstrate safe and effective technique for changing the tapes	S5								
8. Discuss the <i>specific</i> infection control measures related to this procedure	K5								

## Competency Statement

### Practitioner's signature and date:

I am competent in this procedure at this time and understand the standard statement, action and outcome. Having received appropriate training, I accept full responsibility for the maintenance my own competence and have discussed this role as part of my job description with the person to whom I am managerially accountable.

Signature:

Date:

Printed name:

Date:

### Clinical Assessor's signature and date:

I confirm that the above practitioner has achieved the required competency level and is now able to work autonomously in an unsupervised capacity.

Signature:

Date:

Printed name:

Date:

Job role:

Please place one copy of this record in your professional portfolio and give a second copy to your line manager

## Assessors Guidelines

Assessment Criteria	Required knowledge and/or skill	
1. Sets up the essential bedside equipment	<ul style="list-style-type: none"> <li>- Suction unit (portable or wall)</li> <li>- Oxygen (available)</li> <li>- Oxygen saturation monitor.</li> <li>- Area to wash hands</li> </ul>	<ul style="list-style-type: none"> <li>- Single sterile gloves</li> <li>- Suction catheters</li> <li>- Jug or bowl</li> <li>- Water to flush suction tubing after procedure</li> </ul>
2. Sets up the equipment for cleaning the site	<ul style="list-style-type: none"> <li>- Disposal apron, mask with eye protection</li> <li>- Standard dressing pack</li> <li>- Sachet of saline</li> </ul>	<ul style="list-style-type: none"> <li>- Tracheostomy dressing</li> <li>- Tracheostomy neckband</li> <li>- Wound swab</li> </ul>
3. Discusses the rationale for securing the tracheostomy tube	<ul style="list-style-type: none"> <li>- To reduce risk complications such as displacement, mucosal ulceration, tracheo-oesophageal fistula</li> </ul>	
4. Discusses the rationale for dressing the tracheostomy tube	<ul style="list-style-type: none"> <li>- To prevent friction occurring between tube and skin</li> <li>- To detect early signs of wound infection and/or breakdown</li> <li>- Dressing should be changed daily or when soiled or wet</li> </ul>	
5. Prepares the patient	<ul style="list-style-type: none"> <li>- Verbal explanation of procedure</li> <li>- Gain consent</li> <li>- Provide reassurance</li> <li>- Position patient to i.e. sit upright, neck in neutral or slightly extended</li> </ul>	
6. Demonstrates safe and effective technique for changing the dressing	<ul style="list-style-type: none"> <li>- Aseptic technique used</li> <li>- Cleans around the stoma using gauze and saline</li> <li>- Observes the stoma for redness, inflammation or breaks in the skin. If present take a swab and inform the patient's medical team</li> <li>- Places the new dressing correctly around the tracheostomy</li> <li>- Ensures that the patient is comfortable at the end of the procedure</li> </ul>	

Assessment Criteria	Required knowledge and/or skill
7. Demonstrates safe and effective technique for changing the tapes	<ul style="list-style-type: none"> <li>– 2 nurses present, 1 to hold tube and 1 to apply new tapes</li> <li>– Nurse performing the dressing leads the team</li> <li>– Adjusts the tapes ensuring that 1 finger slides underneath the tube</li> <li>– Ensures that the tube is central and secure.</li> <li>– Ensures that the patient is comfortable at the end of the procedure</li> <li>– Documents and updates the patients management plan</li> </ul>
8. Discuss the <b>specific</b> infection control measures related to this procedure	<ul style="list-style-type: none"> <li>– Face masks and eye protection must be worn where there is a risk of blood, body fluids, secretions or excretions splashing into the face and eyes i.e. during suctioning, dressing and tape change</li> <li>– Discard brush after each use</li> <li>– Disposes of brush in yellow bag</li> <li>– Disposes of the water down the sluice or toilet if in sideward</li> <li>– Rinses and dries the jug</li> <li>– Change jug every 24 hours and label</li> </ul>