

Affix patient label

Nursing Assessment Record and Care Planning Document

Preferred name: Admitted:

Ward: Time

Reason for admission:

Mode of admission

Emergency Elective

Expected date of discharge: _____

Is the patient currently competent to self medicate? yes no

If yes complete and ask the patient to sign a "self-medication consent form"

Patient has **name band** Yes Patient **property disclaimer** signed yes no n/a

Patient consent to their name on bedside board/whiteboard yes no

Infection control screening on admission (refer to Policy): MRSA yes no CPE yes no

Other (please state)

Ward transfers Yes No - complete SBAR transfer form

| From | To | Date | Time |
|------|----|------|------|
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |
| | | | |

Nursing Assessment contents - please sign, date and time sections you have completed

| pg. | title | Must be completed | Partially completed in POA/MAU/SAU by: | date & time | Completed by: | date & time |
|-----|-----------------------------------|-------------------|----------------------------------------|-------------|---------------|-------------|
| 3 | 1. Social circumstances | within 6 hours | | | | |
| 4 | 2. Neuro/mental health | within 6 hours | | | | |
| 6 | 3. GI (eating, drinking & bowels) | within 24 hours | | | | |
| 8 | 4. Nutritional risk | within 24 hours | | | | |
| 10 | 5. GU (Micturition) | within 24 hours | | | | |
| 11 | 6. Manual handling/mobility | within 6 hours | | | | |
| 12 | 7. Hygiene | within 6 hours | | | | |
| 13 | 8. Pain | within 24 hours | | | | |
| 14 | 9. Respiratory | within 24 hours | | | | |
| 15 | 10. Cardiovascular | within 24 hours | | | | |
| 16 | 11. Pressure areas | within 6 hours | | | | |
| 18 | 12. Skin inspection | within 6 hours | | | | |
| 18 | 12a. Diabetic feet | within 6 hours | | | | |
| 19 | 13. Wound assessment | within 6 hours | | | | |
| 20 | 14. Falls | within 6 hours | | | | |
| 22 | 15. Bed rails | within 6 hours | | | | |

Nursing associates, trainee nursing associates, assistant practitioners, trainee assistant practitioners, therapy students and student nurses - all entries in this document must be countersigned by a registered nurse.

How to use this booklet

Assessment - to be signed or countersigned by a Registered Nurse

Care planning (prescribed care)

- Prescribing care needs are to be signed or countersigned by a Registered Nurse
- There must always be a current care plan. The date and time the care plan is to commence must be inserted
- Record changes to care on the relevant daily care plan evaluation sheet
- Use your full signature at all times

Care delivery

- Anyone delivering care must record this
- Sometimes planned care cannot be delivered or the patient's condition has changed. In these cases reasons why care has not taken must be recorded on the care plan evaluation sheet

Evaluation of care

- Evaluation of care is to be signed once per shift
- Please be aware that when you sign your name in the appropriate shift box you are signing to agree that you have given all the care which has been prescribed in **all** care plans within this booklet
- The time field throughout this assessment document refers to the actual time and not the time of the nurses's shift.

1. Multidisciplinary social circumstances and discharge planning

What are the patient's normal social circumstances?

Veteran Serving in the armed forces which service? _____ n/a

Power of attorney (health): Power of attorney (financial):.....

Donor card held: yes no

On assessment today there are no concerns regarding the patient's social circumstances
go to section 3

Does the patient have other care commitments? Yes No

If yes please give details:

Is the patient cared for by a young carer? Yes No

If yes please give details:

Section 1. Home environment

Style: House Upstairs flat Downstairs flat Bungalow

Type: owned rented council Warden assisted

nursing home residential home

Access: front rear steps rails

slopes internal steps

Bathroom: upstairs downstairs toilet upstairs downstairs

If you have any concerns about the patient's social circumstances, please inform the discharge team and discuss the need to refer to other social services for further assessment. Document your action in the healthcare record.

2 - Neurological Assessment

maintaining a safe environment/communication

Patient's normal condition prior to admission: (please summarise below)

Is the patient known to have neurological problems? yes no

Is the patient known to have sensory problems? yes no

Does the patient have problems with their communication? yes no

Does the patient have a known learning disability (ask carer to complete a hospital passport if the patient has not come into hospital with one) yes no

If yes to any question please attach '**communication**' alert magnet to the patient's name board
If no to all questions, go to section 2

Section 1 - Communication

Is the patient able to understand questions and conversations? yes no

Is the patient able to verbally answer questions and talk? yes no

If no, how does the patient express him/herself?

How does the patient communicate?

| | yes | no | | yes | no | other, please specify |
|----------------|--------------------------|--------------------------|---------------|--------------------------|--------------------------|-----------------------|
| lip reads | <input type="checkbox"/> | <input type="checkbox"/> | hand gestures | <input type="checkbox"/> | <input type="checkbox"/> | |
| eye movements | <input type="checkbox"/> | <input type="checkbox"/> | flash cards | <input type="checkbox"/> | <input type="checkbox"/> | |
| electronic aid | <input type="checkbox"/> | <input type="checkbox"/> | interpreter | <input type="checkbox"/> | <input type="checkbox"/> | |

Section 2 - Hearing and vision

Does the patient have problems with their vision? yes no **If no, go to**

Does the patient have problems with their hearing? yes no **section 3**

Vision

wears glasses contact lenses
partially sighted blind
false eye left right

Hearing

total loss partial loss
partial loss left partial loss right
hearing aid L R both

Section 3 - Motor function

Does the patient have any motor weakness? yes no

If no, go to section 4

arms

| | R | L |
|----------------------|--------------------------|--------------------------|
| left sided weakness | <input type="checkbox"/> | <input type="checkbox"/> |
| right sided weakness | <input type="checkbox"/> | <input type="checkbox"/> |
| spasticity | <input type="checkbox"/> | <input type="checkbox"/> |

facial

| | | |
|----------------------|--------------------------|--------------------------|
| left sided weakness | <input type="checkbox"/> | <input type="checkbox"/> |
| right sided weakness | <input type="checkbox"/> | <input type="checkbox"/> |

legs

| | R | L |
|----------------------|--------------------------|--------------------------|
| left sided weakness | <input type="checkbox"/> | <input type="checkbox"/> |
| right sided weakness | <input type="checkbox"/> | <input type="checkbox"/> |
| spasticity | <input type="checkbox"/> | <input type="checkbox"/> |
| flaccid | <input type="checkbox"/> | <input type="checkbox"/> |
| foot drop | <input type="checkbox"/> | <input type="checkbox"/> |

Section 4 - Sleep

Patient's normal sleep pattern:

Sleeping tablets at home:

Section 5 - Assessment for delirium and cognitive impairment

To be completed on all patients aged 75 and over and for any patient who shows any signs of cognitive impairment/confusion irrespective of age (consider also post-operative period)

1 - Alertness

| | | |
|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|---|
| This includes patients who may be markedly drowsy (e.g. difficult to rouse and/or obviously sleepy during assessment) or agitated/hyperactive. Observe the patient. If asleep, attempt to wake with speech or gentle touch on shoulder. Ask the patient to state their name & address to assist rating | Normal (fully alert, but not agitated, throughout assessment) | 0 |
| | Mild sleepiness for <10 seconds after waking, then normal | 0 |
| | Clearly abnormal | 4 |

2 - AMT4

| | | |
|-----------------------------------------------------------------------------|-------------------------------|---|
| Age, date of birth, place (name of the hospital or building), current year. | No mistakes | 0 |
| | 1 mistake | 1 |
| | 2 or more mistakes/untestable | 2 |

3 - Attention

| | | |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------|---|
| Ask the patient: "Please tell me the months of the year in backwards order, starting at December." To assist initial understanding one prompt of "what is the month before December?" is permitted Months of the year backwards | Achieves 7 months or more correctly | 0 |
| | Starts but scores <7 months / refuses to start | 1 |
| | Untestable (cannot start because unwell, drowsy, inattentive) | 2 |

4 - Acute change or fluctuating course

| | | |
|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----|---|
| Evidence of significant change or fluctuation in: alertness, cognition, other mental function (eg paranoia, hallucinations) arising over the last 2 weeks and still evident in last 24hrs | No | 0 |
| | Yes | 4 |

| | | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|--|
| 4 or above: possible delirium +/- cognitive impairment 1-3: possible cognitive impairment 0: delirium or severe cognitive impairment unlikely (but delirium still possible if [4] information incomplete) | total | |
|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------|--|

score more than 0 - complete delirium care bundle

score 4 or above - give relative/carer 'This is me' document **and highlight to medical team**

And ask relative/carer for 5 key things we need to know about caring for the patient (likes and dislikes)

1.
2.
3.
4.
5.

Neurological assessment completed by:

Date:

time:

3 - Gastrointestinal tract Assessment**Eating, drinking and bowel function**

Patient's normal condition before admission to hospital: (please summarise below)

Fluid intake (must be completed on all patients)

is the patient now

yes no

nil by mouth?

not drinking adequately?

receiving intravenous fluids?

Does the patient need help and encouragement to drink?

Does the patient have difficulty swallowing drinks?

Commence a fluid chart if you have answered yes to any of these questions

Dietary requirements prior to admission (must be completed on all patients)

normal diet independent needs assistance * use allergy aware menu

Diabetes - carbohydrate counting low residue gluten free* vegan

vegetarian food allergy* other (specify): _____

Enteral and parenteral

nasogastric nasojejunal gastrostomy tube jejunostomy tube TPN

Swallowing (must be completed on all patients)

Does the patient have a difficulty swallowing food? unknown yes no if no go to section 2

If yes, attach 'eating and drinking' alert magnet to the patient's name board

Is the patient on a modified diet? yes no

Puree (texture C) Pre-mashed (texture D) Fork-mashable (texture E) Soft

Does the patient have difficulty swallowing drinks? yes no

Is the patient on thickened drinks yes no

Stage 1 (syrup) Stage 2 (custard) Stage 3 (pudding)

Does the patient have existing swallowing recommendations to be followed?

If yes, specify:

Does the patient need referral to Speech and Language Therapy for swallowing assessment?

Yes No If yes, use referral form on ICID after gaining written agreement by doctor in healthcare record

Bowel pattern (must be completed on all patients)

Is the patient independent with toileting needs yes no

The patient has a stoma (specify)

The patient needs manual evacuation of the bowels yes no

Comments:

If appropriate, using the Bristol Stool Chart, ask the patient to identify their normal stool:

type 1 type 2 type 3 type 4 type 5 type 6 type 7

When did the patient last open their bowels?

Is there a concern with:

Faecal incontinence yes no Constipation yes no
Diarrhoea yes (complete pathway) no

Stool specimen sent (after discussion with doctors)

Gastrointestinal assessment completed by:

Date: time:

4 - Nutritional Risk Assessment - must be completed for all patients

Step 1: Height (A = actual E = estimated) _____ Weight (A = actual E = estimated) _____
BMI _____

Search for BMI on ICID for BMI chart

Step 2: Calculate the patient's Nutritional Risk Assessment score

| Age in years | score | Weight changes in last 3 - 6 months | score | Diet | score | Appetite | score | Ability to eat | score | Reason for admission | score |
|--------------|-------|--------------------------------------------------------------------------|-------|--------------|-------|-----------------------------------|-------|--------------------------|-------|----------------------------------------------------------------------------|-------|
| Less than 40 | 1 | no weight loss | 1 | Normal | 1 | Good. Manages 3 meals a day | 1 | Able to eat without help | 1 | No planned surgery or minor surgery | 1 |
| 40 - 60 | 2 | weight loss 5 - 10% in last 3 - 6 months or BMI <18.5 kg/m ² | 2 | Restricted | 2 | Eating ½ meals or less | 2 | Requires some help | 2 | Chronic medical conditions | 4 |
| 60 - 80 | 3 | weight loss > 10% in last 3 - 6 months or BMI <16-18.5 kg/m ² | 3 | Fluids only | 3 | Refuses or is unable to eat/drink | 3 | Needs assistance to eat | 3 | Major surgery Malabsorption Trauma Substance abuse Acutely ill | 8 |
| over 80 | 4 | skeletal BMI <16 kg/m ² | 4 | Nil by mouth | 4 | Vomiting diarrhoea | 4 | Unable to swallow | 4 | | |

Step 3: Consider the NICE criteria for recognising patients at high risk of refeeding syndrome

Patient has one or more of the following
 BMI <16kg/m²
 Unintentional weight loss >15% within the previous 3 - 6 months
 Very little food intake >10 days
 Low levels of potassium, phosphate or magnesium prior to feeding

Or patient has two or more of the following
 BMI <18.5kg/m²
 Unintentional weight loss >10% within the previous 3 - 6 months
 Those with very little food intake for >5 days
 A history of alcohol abuse or drugs including insulin, chemotherapy, antacids or diuretics

score ≤ 10 = low risk score 11 - 17 = moderate risk score > 18 = high risk

Is the patient at risk of refeeding syndrome yes no

If yes, inform the medical team, document in the patient's healthcare record and refer to the policy

Nutritional assessment completed by:

Date: time:

5 - Genitourinary System/Lower GI - Micturition Assessment

Patient's normal condition before admission to hospital: (please summarise below)

Urinalysis:

On assessment today patient has no urinary problems **go to care plan**

Patient is continent Patient's bladder function is compromised

An established urostomy

Long term urinary catheter

Suprapubic catheter

Inserted:

Inserted:

Due for change:

Due for change:

Intermittent self catheterisation

Mitrofanoff

Other:

AKI/infections

Does the patient have a history of renal failure? yes no

Commence a fluid chart if you have answered yes to the above question

When did the patient last pass urine?

Is there any evidence of:

Urinary infection yes no

urine specimen sent yes no

Urethral discharge yes no

swab sent date

Vaginal discharge yes no

swab sent date

Menstruation

Currently menstruating? yes no n/a LMP:

Comments:

GU/Lower GI assessment completed by:

Date:

time:

6 - Manual Handling & Mobility Assessment - update as patient/environment changes

Patient's normal condition before admission to hospital: (please summarise below)

The patient is independent yes no **If yes, go to care plan
If no, attach 'mobility' magnet to patient's name board**

Current patient assessment

No current issues with mobility Patient has a reduced level of mobility

Pain Trauma (new) Other - please state

Post surgery Amputee

Enforced bed rest Cognitive Impairment

Presenting medical condition

| | | | |
|------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------|--------------------------|----------------------|
| Indicate within the table below the equipment required (using the codes provided) and the number of staff required for each aspect of mobility | STS = sit to stand with assistance | ZF = Zimmer Frame | Other - please state |
| | WS = walking stick | H = hoist | |
| | SA = stand aid | WC = wheelchair | |
| | BB = Banana board | | |

Always consider bariatric equipment

| | | | | | | | | |
|--------------------------------------------|-----------|--------------|-----------|--------------|-----------|--------------|-----------|--------------|
| date | | | | | | | | |
| time | | | | | | | | |
| Action | equipment | No. of staff | equipment | No. of staff | equipment | No. of staff | equipment | No. of staff |
| Transfer (bed to chair, bed to commode) | | | | | | | | |

Manual Handling/mobility assessment completed by:
Date: _____ time: _____

7 - Hygiene Assessment

Patient's normal condition before admission to hospital: (please summarise below)

Current patient assessment for hygiene

Patient has pain or discomfort in the mouth yes no if yes complete Mouthcare Assessment

Chemotherapy Dysphagia Learning difficulties Severe mental health
 Delirium Frail Nil by mouth Stroke
 Dementia Head & neck radiation Palliative care Unable to communicate
 Dependent on O₂ ICU/HDU Refusing food/drink Uncontrolled diabetes

If any boxes are ticked in the list above please complete Mouthcare Assessment

| Personal Hygiene | | Oral Hygiene | |
|-----------------------------------------|--------------------------------------------------------------------------------------------|-----------------------------------------|--------------------------------------------------------------------------------------------|
| Independent <input type="checkbox"/> | Needs assistance <input type="checkbox"/> | Independent <input type="checkbox"/> | Needs assistance <input type="checkbox"/> |
| Needs all care <input type="checkbox"/> | | Needs all care <input type="checkbox"/> | |
| Patient has: | | | |
| Toothbrush | yes <input type="checkbox"/> no <input type="checkbox"/> provided <input type="checkbox"/> | Lower denture | yes <input type="checkbox"/> no <input type="checkbox"/> at home <input type="checkbox"/> |
| Toothpaste | yes <input type="checkbox"/> no <input type="checkbox"/> provided <input type="checkbox"/> | Denture pot | yes <input type="checkbox"/> no <input type="checkbox"/> provided <input type="checkbox"/> |
| Upper denture | yes <input type="checkbox"/> no <input type="checkbox"/> at home <input type="checkbox"/> | No teeth | yes <input type="checkbox"/> will still need mouthcare |

Hygiene assessment completed by:

Date: _____ time: _____

8 - Pain Assessment

Patient's normal condition before admission to hospital: (please summarise below)

On assessment today patient is not complaining of any pain or demonstrating any signs/symptoms of pain **go to care plan**

Patient is experiencing pain complete the following assessment

Patient cannot verbalise/communicate their pain: Complete PAIN-AD 'behavioural pain assessment tool'

| | |
|-------------------------------------|----------------------------------------------------------|
| Acute pain <input type="checkbox"/> | Chronic Pain <input type="checkbox"/> |
| Site of pain: | Type of pain: (e.g. stabbing, shooting, burning, aching) |
| Radiation: | Frequency / duration: |
| Aggravating factors: | Relieving factors: |

Pain assessment completed by:

Date: _____ time: _____

9 - Respiratory System Assessment

Patient's normal condition before admission to hospital: (please summarise below)

On assessment today patient has no respiratory problems **go to care plan**

Patient has compromised respiratory function & symptoms of compromised respiratory function are:

Reduced saturations Cough SOB Decreased respirations Increased respiratory rate Cyanosis

Section 2

Home oxygen yes no Home nebulisers yes no
Home NIV (BiPAP/CPAP) yes no (contact respiratory nurses on ext. 4220)
Equipment has been brought into hospital yes no
Does patient carry an oxygen card? yes no

Section 3

Tracheostomy yes no Laryngectomy yes no (if yes to either contact CCOT)
Obtain laryngectomy resuscitation equipment from main theatres

Section 4

SPO₂ target range set yes
Oxygen prescribed yes
Peak flow readings yes no
Chest drain in situ yes no
date inserted:

Respiratory assessment completed by:

Date: time:

10 - Cardiovascular System & Controlling Body Temperature Assessment

Patient's normal condition before admission to hospital: (please summarise below)

On assessment today patient has a normal cardiac function **go to care plan**

On assessment today patient has a compromised cardiac function

The symptoms of their compromised cardiac function are:

Tachycardia Pacemaker/device Bradycardia Hypertensive Hypotensive
Oxygen Arrhythmia (specify)
Dizziness Peripheral oedema Falls

Current patient assessment of body temperature:

Hypothermic Pyrexial Apyrexial
Consider Bair Hugger

Cardiovascular assessment completed by:

Date: time:

11 - Braden scale for predicting pressure sore risk

| | | | | |
|-----------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <p>SENSORY PERCEPTION ability to respond meaningfully to pressure-related discomfort</p> | <p>1. Completely Limited Unresponsive (does not moan, flinch, or grasp) to painful stimuli, due to diminished level of consciousness or sedation. OR limited ability to feel pain over most of body</p> | <p>2. Very Limited Responds only to painful stimuli. Cannot communicate discomfort except by moaning or restlessness OR has a sensory impairment which limits the ability to feel pain or discomfort over ½ of body.</p> | <p>3. Slightly Limited Responds to verbal commands, but cannot always communicate discomfort or the need to be turned. OR has some sensory impairment which limits ability to feel pain or discomfort in 1 or 2 extremities.</p> | <p>4. No Impairment Responds to verbal commands. Has no sensory deficit which would limit ability to feel or voice pain or discomfort.</p> |
| <p>MOISTURE degree to which skin is exposed to moisture</p> | <p>1. Constantly Moist Skin is kept moist almost constantly by perspiration, urine, etc. Dampness is detected every time patient is moved or turned.</p> | <p>2. Very Moist Skin is often, but not always moist. Linen must be changed at least once a shift.</p> | <p>3. Occasionally Moist: Skin is occasionally moist, requiring an extra linen change approximately once a day.</p> | <p>4. Rarely Moist Skin is usually dry, linen only requires changing at routine intervals.</p> |
| <p>ACTIVITY degree of physical activity</p> | <p>1. Bedfast Confined to bed.</p> | <p>2. Chairfast Ability to walk severely limited or non-existent. Cannot bear own weight and/or must be assisted into chair or wheelchair.</p> | <p>3. Walks Occasionally Walks occasionally during day, but for very short distances, with or without assistance. Spends majority of each shift in bed or chair.</p> | <p>4. Walks Frequently Walks outside room at least twice a day and inside room at least once every two hours during waking hours.</p> |
| <p>MOBILITY ability to change and control body position</p> | <p>1. Completely Immobile Does not make even slight changes in body or extremity position without assistance.</p> | <p>2. Very Limited Makes occasional slight changes in body or extremity position but unable to make frequent or significant changes independently.</p> | <p>3. Slightly Limited Makes frequent though slight changes in body or extremity position independently.</p> | <p>4. No Limitation Makes major and frequent changes in position without assistance.</p> |
| <p>NUTRITION usual food intake pattern</p> | <p>1. Very Poor Never eats a complete meal. Rarely eats more than 1/3 of any food offered. Eats 2 servings or less of protein (meat or dairy products) per day. Takes fluids poorly. Does not take a liquid dietary supplement. OR: Is nil by mouth and/or maintained on clear fluids or IV's for more than 5 days.</p> | <p>2. Probably Inadequate Rarely eats a complete meal and generally eats only about 1/2 of any food offered. Protein intake includes only 3 servings of meat or dairy products per day. Occasionally will take a dietary supplement. OR receives less than optimum amount of liquid diet or tube feeding.</p> | <p>3. Adequate Eats over half of most meals. Eats a total of 4 servings of protein (meat, dairy products) per day. Occasionally will refuse a meal, but will usually take a supplement when offered. OR is on a tube feeding or TPN regimen which probably meets most of nutritional needs.</p> | <p>4. Excellent Eats most of every meal. Never refuses a meal. Usually eats a total of 4 or more servings of meat and dairy products. Occasionally eats between meals. Does not require supplementation.</p> |
| <p>FRICITION & SHEAR</p> | <p>1. Problem Requires moderate to maximum assistance in moving. Complete lifting without sliding against sheets is impossible. Frequently slides down in bed or chair, requiring frequent repositioning with maximum assistance. Spasticity, contractures or agitation leads to almost constant friction.</p> | <p>2. Potential Problem Moves feebly or requires minimum assistance. During a move skin probably slides to some extent against sheets, chair, restraints or other devices. Maintains relatively good position in chair or bed most of the time but occasionally slides down.</p> | <p>3. No Apparent Problem Moves in bed and in chair independently and has sufficient muscle strength to lift up completely during move. Maintains good position in bed or chair.</p> | |

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Document any actions on the daily care plan evaluation sheet

Braden Assessment Record

Step 1: Calculate the risk assessment score - this should be completed on admission, transfer and at least weekly or more frequently if the patient's condition changes

| | | | | | | | | | | | | | | | | | | | | |
|--------------------|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|--|
| date | | | | | | | | | | | | | | | | | | | | |
| time | | | | | | | | | | | | | | | | | | | | |
| Sensory perception | | | | | | | | | | | | | | | | | | | | |
| Moisture | | | | | | | | | | | | | | | | | | | | |
| Activity | | | | | | | | | | | | | | | | | | | | |
| Mobility | | | | | | | | | | | | | | | | | | | | |
| Nutrition | | | | | | | | | | | | | | | | | | | | |
| Friction & shear | | | | | | | | | | | | | | | | | | | | |
| total score | | | | | | | | | | | | | | | | | | | | |

15 - 18 = at risk 13 or 14 = moderate risk 10 - 12 = high risk 9 or below = very high risk

| | | | | | | | | | | | | | | | | | | | | |
|-------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|
| please circle initial risk category | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high |
|-------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|

Step 2: Identify other patient risk factors

If any of the following major risk factors are present, the risk level must be increased to the next level i.e. Low risk + acutely unwell = moderate risk
 acutely unwell 75 years and over fever poor dietary intake diastolic pressure below 60 low systolic BP steroid
 previous pressure damage current pressure damage
 The score is for guidance only. Use clinical judgement to override any score e.g. patients with diabetes, peripheral vascular disease, stroke or any condition that seriously affects the patient's ability to move, or feel sensation are at HIGH risk of pressure damage including heel pressure ulcers

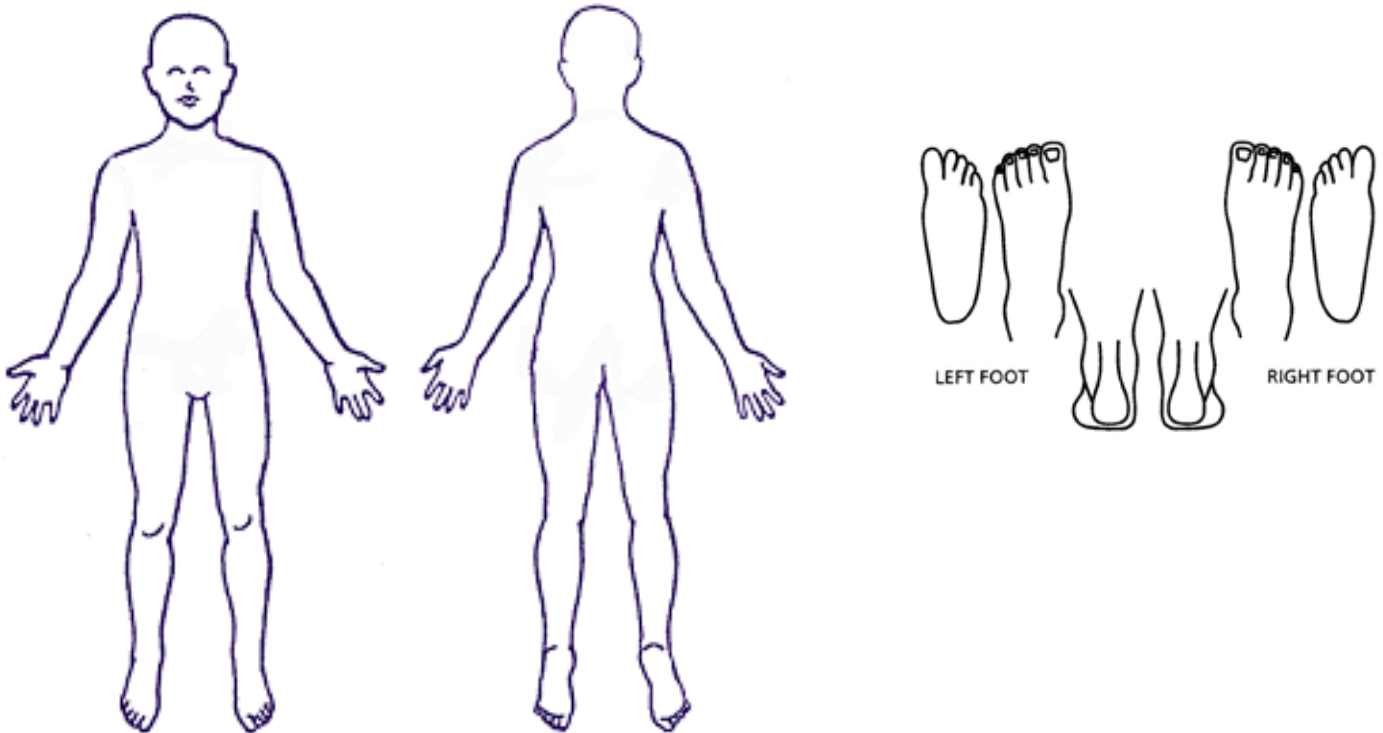
Step 3: Identify final risk category

Patients with a total score of 18 or less are considered to be at risk of developing pressure ulcers, Consider re-positioning frequency, SKIN bundle, manual handling devices, specialist pressure relieving equipment, pressure re-distribution equipment and nutritional intake. A specific documented plan for skin inspection (SKIN bundle) including the feet and to relieve heel pressure required - please complete plan of care section.

| | | | | | | | | | | | | | | | | | | | | |
|-----------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|------------------------------------------|
| Please circle final risk category | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high | At risk Moderate High Very high |
| Signature | | | | | | | | | | | | | | | | | | | | |
| Supervisor | | | | | | | | | | | | | | | | | | | | |
| Reassessment date | | | | | | | | | | | | | | | | | | | | |

12: Skin inspection (must be completed on all patients)

Step 1: Is there evidence of skin damage to the skin e.g. pressure ulcer, diabetic foot ulcer, leg ulcer, cellulitis, phlebitis, excoriation, trauma wound? No **go to step 2**
 Yes identify the type of wound and mark any damage on the body maps below. Give any other description information required. For complex/multiple wounds please complete the complex wound assessment and attach to this document
 Complex wound assessment needed



Step 2: diabetic patients only. Complete the following assessment within 6 hours of admission N/A

| Assessment (remove footwear and dressings and complete) | Yes | No |
|-------------------------------------------------------------|--------------------------|--------------------------|
| Is there an ulcer? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is there inflammation or swelling or any sign of infection? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is there unexplained pain in the foot? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is there unexplained fracture dislocation? | <input type="checkbox"/> | <input type="checkbox"/> |
| Is there cyanotic discolouration or gangrene? | <input type="checkbox"/> | <input type="checkbox"/> |

If yes to any of the above notify the diabetes SpR (bleep 1352) or nurse advisor (bleep 1223)
 Refer for URGENT SURGICAL REVIEW and notify diabetes team if:

- Gas in the soft tissues
- Wet gangrene
- Critical ischemia / rest pain
- Abscess or rapidly progressive soft tissue infection
- Systemically unwell from foot sepsis (fever, shock, tachycardia, rigors, prostration)

Step 3: has the patient got evidence of pressure ulcers? Pressure ulcers must be graded according to their depth using the European Ulcer Advisory Panel Classification (EPUAP 1998) N/A

| Site | Grade 1 | Grade 2 | Grade 3 | Grade 4 |
|------|---------|---------|---------|---------|
| 1 | | | | |
| 2 | | | | |
| 3 | | | | |
| 4 | | | | |

For suspected grade 3 or 4 pressure ulcers please refer the patient the Tissue Viability Team on bleep 2025 or ext 4062

- Have the findings been documented in the healthcare record? yes date: _____
- Has the site been photographed? yes date: _____
- Has electronic referral been made to Tissue Viability yes date: _____
- Has a Datix report been made? yes Datix No: _____
- Has a nutritional assessment been completed? yes date: _____

13 - Wound Assessment **On assessment - no wounds go to Falls Assessment (14)**

| | Wound 1 | Wound 2 | Wound 3 | Wound 4 | | | | |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|
| Type of wound and site | | | | | | | | |
| Wound dimensions length, breadth and depth | | | | | | | | |
| Tracing/photography | yes <input type="checkbox"/> no <input type="checkbox"/> | yes <input type="checkbox"/> no <input type="checkbox"/> | yes <input type="checkbox"/> no <input type="checkbox"/> | yes <input type="checkbox"/> no <input type="checkbox"/> | | | | |
| Wound bed E = epithelialisation S = sloughy G = granulation N (H/S) = necrotic Other = please specify (hard/soft) Enter the % of each | | | | | | | | |
| Exudate What colour? Any odour? and what amount (low/medium/high) | | | | | | | | |
| Infection Are there signs of infection? Has a swab been taken? Has the infection been confirmed? Is it being treated? | yes <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | yes <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | yes <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | yes <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> | no <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> <input type="checkbox"/> |
| Condition of skin H = healthy M = macerated EC = eczema E = erythema (state maximum distance from wound in cm) | | | | | | | | |
| Wound edges H = healthy O = oedematous OG = Over granulated | | | | | | | | |
| Pain at wound site C = continuous I = intermittent N = none DC = dressing change only | | | | | | | | |
| Are there any known allergies/sensitivities to wound care products? | | | | | | | | |

Wound assessment completed by:

Date: _____ time: _____

15: Bed Rails Assessment

'The only appropriate use of bedrails is to reduce the risk of patients accidentally slipping, sliding, falling or rolling out of bed' (NPSA Safer Practice Notice 17, Feb 2007)

All patients to be assessed on admission and within 24 hours of transfer to ward and repeat assessment weekly or after a fall.

| Indication for use | Indications for non-use |
|-----------------------------------------------|---------------------------------------------|
| Fluctuating conscious levels | Agitation / confusion |
| Sensory loss | Risk of patient climbing over the bed rails |
| Lack of spatial awareness | Patient totally immobile |
| Physical limitations / to support the patient | Aware of limitations |

Where appropriate ensure that the patient and their family are involved in the decision making process

If there is conflicting evidence, then using professional judgement in conjunction with the above assessment will allow you to determine whether or not to use bed rails. Please document your rationale in the comments section below.

| Outcome of assessment: | Yes | No |
|------------------------------------------------------------------------------------------------------------------------|--------------------------|--------------------------|
| Are bed rails indicated? If bed rails are used, ensure they are appropriate for the type of bed, securely attached. | <input type="checkbox"/> | <input type="checkbox"/> |
| Are bed rail bumpers required to prevent entrapment or patient harm? | <input type="checkbox"/> | <input type="checkbox"/> |
| Has the family been informed of the decision? | <input type="checkbox"/> | <input type="checkbox"/> |
| Has the patient/carer been involved in the decision | <input type="checkbox"/> | <input type="checkbox"/> |

Comments:

Falls assessment completed by:

Date: _____ time: _____

Bed rails assessment completed by:

Date: _____ time: _____

Bedrail re-assessment record

| Date | Are bedrails required? Yes <input type="checkbox"/> No <input type="checkbox"/> | Indications for use | Are bumpers required Yes <input type="checkbox"/> No <input type="checkbox"/> | Comments and rationale for identified actions | Signature & band Supervisor if applicable | Date of next assessment |
|------|------------------------------------------------------------------------------------|---------------------|----------------------------------------------------------------------------------|-----------------------------------------------|-------------------------------------------|-------------------------|
| | Yes <input type="checkbox"/> No <input type="checkbox"/> | | Yes <input type="checkbox"/> No <input type="checkbox"/> | | | |
| | Yes <input type="checkbox"/> No <input type="checkbox"/> | | Yes <input type="checkbox"/> No <input type="checkbox"/> | | | |
| | Yes <input type="checkbox"/> No <input type="checkbox"/> | | Yes <input type="checkbox"/> No <input type="checkbox"/> | | | |
| | Yes <input type="checkbox"/> No <input type="checkbox"/> | | Yes <input type="checkbox"/> No <input type="checkbox"/> | | | |
| | Yes <input type="checkbox"/> No <input type="checkbox"/> | | Yes <input type="checkbox"/> No <input type="checkbox"/> | | | |
| | Yes <input type="checkbox"/> No <input type="checkbox"/> | | Yes <input type="checkbox"/> No <input type="checkbox"/> | | | |
| | Yes <input type="checkbox"/> No <input type="checkbox"/> | | Yes <input type="checkbox"/> No <input type="checkbox"/> | | | |

Document any actions on the daily care plan evaluation sheet

| Neurological/communication - Care Plan (2) | | Start date and signature | End date and signature |
|---------------------------------------------------|------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|------------------------|
| 1 | Discuss and write plan of care with the patient. Include their view during evaluation of care (and relatives/carer if appropriate) | | |
| 2 | The patient has been assessed as lacking capacity to make decisions. Any decision/plan made on their behalf follows the MCA Best Interests checklist | | |
| 3 | Communication plan: | | |
| Additional care plan | | Start date and signature | End date and signature |
| 1 | | | |

| GI tract - Care Plan (3) | | Start date and signature | End date and signature |
|----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|------------------------|
| 1 | Record blood glucose levels hourly and undertake interventions if necessary | | |
| 3 | Monitor output of drain/NG/stoma (delete) and record on the fluid balance chart. Escalate any abnormal output to medical or specialist team | | |
| 4 | Observe for any change of appetite. Reassess nutritional needs as necessary | | |
| 5 | Complete food chart and offer fortified drinks. Refer to dietician after 3 days <input type="checkbox"/> (date referred) | | |
| 6 | Complete bowel chart on POET and escalate concerns to the medical team | | |
| 7 | PEG in situ. Check insertion site and surrounding skin daily. Daily hygiene and dressing change. Flush as necessary | | |
| 8 | NG tube in situ for feeding. Checklist completed every day (and when any changes). Monitor aspirate as per policy. Escalate as necessary | | |
| 9 | Ensure adequate and appropriate food and fluid is provided to support a 'normal' bowel function for the patient | | |
| 10 | Bowel plan: | | |
| Additional care plan identified | | Start date and signature | End date and signature |
| 11 | | | |
| 12 | | | |

| Nutrition - Care Plan (4) | | Start date and signature | End date and signature |
|----------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|-------------------------------|
| 1 | Patient's Score ≤ 10 = low risk <ul style="list-style-type: none"> Encourage diet and fluids Reassess nutritional risk score weekly Weekly weight | | |
| 2 | Patient's Score 11 - 17 = moderate risk <ul style="list-style-type: none"> Encourage eating and drinking Food chart for 3 days review - escalate/discontinue Weekly weight Replace missed meals with shakes or soups Reassess nutritional risk score weekly - if no improvement refer to dietitian | | |
| 3 | Patient's score >18 = high risk <ul style="list-style-type: none"> Food chart for 3 days review - escalate/discontinue Encourage high protein or small appetite menus Use gold tray Offer assistance with feeding if needed Reassess nutritional risk score twice weekly Weekly weights Consider nutritional support Refer to dietitians | | |
| Additional care plan identified | | Start date and signature | End date and signature |
| | | | |
| | | | |

| GU - Care Plan (5) | | Start date and signature | End date and signature |
|----------------------------------------|------------------------------------------------------------------------------------------------------------------|---------------------------------|-------------------------------|
| 1 | Staff to maintain patient's privacy and dignity during hospital admission | | |
| 2 | Ensure daily catheter care is provided, complete CAUTI ongoing bundle every day | | |
| 3 | Complete a daily fluid balance chart, input and/or output as indicated and escalate concerns to the medical team | | |
| 4 | Contenance plan: | | |
| Additional care plan identified | | Start date and signature | End date and initial |
| 5 | | | |
| 6 | | | |

| Manual handling - Care Plan (6) | | Start date and signature | End date and signature |
|----------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|-------------------------------|
| 1 | Encourage the patient to move safely | | |
| 2 | Patient to wear suitable footwear before mobilising | | |
| 3 | Ensure walking aids are within reach (select) Walking stick <input type="checkbox"/> Zimmer <input type="checkbox"/> Frame <input type="checkbox"/> Crutches <input type="checkbox"/> Wheelchair <input type="checkbox"/> Other: | | |
| 4 | Refer to physiotherapy <input type="checkbox"/> OT <input type="checkbox"/> | | |
| Additional care plan identified | | Start date and signature | End date and signature |
| 5 | | | |
| 6 | | | |
| 7 | | | |

| Hygiene - Care Plan (7) | | Start date and signature | End date and signature |
|----------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------|-------------------------------|
| 1 | Offer a choice of wash daily (including bed bath) or shower promoting independence where possible | | |
| 2 | Ensure mouth care and / or eye care is provided hourly <input type="checkbox"/> twice a day <input type="checkbox"/> daily | | |
| 3 | Braden score is Skin bundle commenced (for score >15) <input type="checkbox"/> Check pressure areas times a day (including feet) and ensure the patient is repositioned hourly to prevent pressure damage | | |
| 4 | Review the patient's wound dressings daily or more frequently if required and record findings | | |
| Additional care plan identified | | Start date and signature | End date and initial |
| 6 | | | |
| 7 | | | |
| 8 | | | |

| Pain - Care Plan (8) | | Start date and signature | End date and signature |
|----------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|------------------------|
| 1 | Ensure the patient is offered and given appropriate analgesia. Offer positional changes to increase comfort. Consider other non-pharmacological interventions | | |
| 2 | Assess the patient's pain. Observe for verbal/non verbal cues. Reassess and record pain score on POET | | |
| 3 | Patient has cognitive impairment. Pain assessed and reassessed using PAIN-AD. Record on POET | | |
| 4 | Observe for and treat any side effects. Refer to appropriate team (Acute <input type="checkbox"/> Palliative Care <input type="checkbox"/>) for advice if symptoms are not resolved | | |
| 5 | Administer prescribed PCA <input type="checkbox"/> Epidural <input type="checkbox"/> Syringe driver <input type="checkbox"/> and undertake appropriate observations as per Trust policy | | |
| Additional care plan identified | | Start date and signature | End date and signature |
| 6 | | | |
| 7 | | | |
| 8 | | | |

| Respiratory - Care Plan (9) | | Start date and signature | End date and signature |
|-------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|------------------------|
| 1 | Monitor and record respiratory rate and escalate as per policy. Document abnormalities in nursing evaluation record | | |
| 2 | Administer oxygen therapy as prescribed. Titrate to maintain required saturation. Position patient to maximise respiratory function. Provide mouth care whilst on oxygen. Nasal spec <input type="checkbox"/> mask <input type="checkbox"/> | | |
| 3 | A _____ infection is suspected. Obtain a _____ sample Date obtained _____ | | |
| Additional plan of care identified | | Start date and signature | End date and initial |
| 4 | | | |
| 5 | | | |
| 6 | | | |

| Cardiovascular/body temp - Care Plan (10) | | Start date and signature | End date and initial |
|---------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------|---------------------------------|-----------------------------|
| 1 | Monitor and record vital signs and escalate as per policy. Document abnormalities in nursing evaluation record | | |
| 2 | Fluid restriction in place due to:..... | | |
| 3 | Invasive device sited for: Complete VIP each shift and record on POET (otherwise record on daily evaluation sheet) | | |
| 4 | Daily weights | | |
| Additional plan of care identified | | Start date and signature | End date and initial |
| 5 | | | |
| 6 | | | |
| 7 | | | |
| 8 | | | |
| Wound - Care Plan care (13) - Summary of action and treatment plan | | start date/initial | end date/initial |
| 1 | | | |
| 2 | | | |

| Falls - Care Plan (14) | | Start date and signature | End date and initial |
|------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------|----------------------|
| 1 | Call bell in reach. Orientate to ward. Falls patient information leaflet given to patient <input type="checkbox"/> . Discuss with patient/family if there are any of their own existing falls interventions being used already. Move locker, aids, belongings to the same side of bed they get out of at home | | |
| 2 | Visual impairment - Patient wears glasses, has a history of eye conditions or cannot read visual check image 1 or 2. Ensure glasses with patient. Walking aids visible and within reach. Adequate lighting. Environment free from clutter. Bed/chair orientation suitable | | |

| Reassessments - after a fall, whenever the patient's condition changes or weekly | |
|----------------------------------------------------------------------------------|------------|
| Date | Time |
| Sign | Print name |
| Changes made: | |
| Date | Time |
| Sign | Print name |
| Changes made: | |
| Date | Time |
| Sign | Print name |
| Changes made: | |
| Date | Time |
| Sign | Print name |
| Changes made: | |
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| Date | Time |
| Sign | Print name |
| Changes made: | |
| Date | Time |
| Sign | Print name |
| Changes made: | |
| Date | Time |
| Sign | Print name |
| Changes made: | |

Nutritional screening re-assessment record - re-screened/weighted as appropriate to their clinical condition

| Date and time | Age | Weight changes | Diet | Appetite | Ability to eat | Reason for admission | Risk score | Risk Category | Refeeding Risk | Signature and band applicable | Date of next assessment |
|---------------|-----|----------------|------|----------|----------------|----------------------|------------|----------------------------------------------------------------------------------------------------|-------------------------------------------------------------|-------------------------------|-------------------------|
| | | | | | | | | Low <input type="checkbox"/> Moderate <input type="checkbox"/> High <input type="checkbox"/> | Yes <input type="checkbox"/> No <input type="checkbox"/> | | |
| | | | | | | | | Low <input type="checkbox"/> Moderate <input type="checkbox"/> High <input type="checkbox"/> | Yes <input type="checkbox"/> No <input type="checkbox"/> | | |
| | | | | | | | | Low <input type="checkbox"/> Moderate <input type="checkbox"/> High <input type="checkbox"/> | Yes <input type="checkbox"/> No <input type="checkbox"/> | | |
| | | | | | | | | Low <input type="checkbox"/> Moderate <input type="checkbox"/> High <input type="checkbox"/> | Yes <input type="checkbox"/> No <input type="checkbox"/> | | |
| | | | | | | | | Low <input type="checkbox"/> Moderate <input type="checkbox"/> High <input type="checkbox"/> | Yes <input type="checkbox"/> No <input type="checkbox"/> | | |
| | | | | | | | | Low <input type="checkbox"/> Moderate <input type="checkbox"/> High <input type="checkbox"/> | Yes <input type="checkbox"/> No <input type="checkbox"/> | | |
| | | | | | | | | Low <input type="checkbox"/> Moderate <input type="checkbox"/> High <input type="checkbox"/> | Yes <input type="checkbox"/> No <input type="checkbox"/> | | |
| | | | | | | | | Low <input type="checkbox"/> Moderate <input type="checkbox"/> High <input type="checkbox"/> | Yes <input type="checkbox"/> No <input type="checkbox"/> | | |
| | | | | | | | | Low <input type="checkbox"/> Moderate <input type="checkbox"/> High <input type="checkbox"/> | Yes <input type="checkbox"/> No <input type="checkbox"/> | | |
| | | | | | | | | Low <input type="checkbox"/> Moderate <input type="checkbox"/> High <input type="checkbox"/> | Yes <input type="checkbox"/> No <input type="checkbox"/> | | |
| | | | | | | | | Low <input type="checkbox"/> Moderate <input type="checkbox"/> High <input type="checkbox"/> | Yes <input type="checkbox"/> No <input type="checkbox"/> | | |
| | | | | | | | | Low <input type="checkbox"/> Moderate <input type="checkbox"/> High <input type="checkbox"/> | Yes <input type="checkbox"/> No <input type="checkbox"/> | | |

Document any actions on the daily care plan evaluation sheet

