

SUMMARY OF ALL INPATIENT PRESSURE CLINIC APPOINTMENTS.

Appointment	When seen by PC	Activity	Discussed	ICID Information given
Inpatient 1st Acute Mobilising (no reported skin marking)	By Day 2 of mobilising (up for 30 mins maximum)	<ul style="list-style-type: none"> • Baseline Pressure Mapped and weighed • Assess size of cushion / postural aspects and action if appropriate. 	<ul style="list-style-type: none"> • The effects of skin damage in relation to exerted pressure and the principles of pressure relief and how limited movement can effect this. 	<ul style="list-style-type: none"> • Mobilising Regime: • "Initial mobilising of a SCI patient from the Acute stage"
2nd	Approx 2 weeks after 1 st appointment	<ul style="list-style-type: none"> • Review Pressure Mapp and weighed • Assess size of cushion / postural aspects and action if appropriate. • Assess air cushions if patient has changed posture (from reclined to upright). 	<ul style="list-style-type: none"> • The patient will be informed verbally of the role of Pressure Clinic and the liaison between ward staff / therapists in relation to their seating / postural needs. • Patients must be informed that Wheelchair Services will be contacted generally 6 weeks prior to provisional discharge date, with regards to ordering equipment for discharge 	<ul style="list-style-type: none"> • Role of Pressure Clinic. • Cushion Provision for Patients with SCI. • Inform patient to bring learning plan at future appointments.
3rd	Approx 4 weeks after 2 nd appointment	<ul style="list-style-type: none"> • Weighed. • Assess inflation level of air cushions. • Skin care education. • Patient to bring learning plan 	<ul style="list-style-type: none"> • The principles of pressure ulcer development and skin care aspects. • To discuss skin marking and management in relation to sitting and lying etc. 	<ul style="list-style-type: none"> • Pressure Ulcer Prevention booklet
4th	Approx 4 weeks after 3 rd appointment	<ul style="list-style-type: none"> • Weighed. • Assess inflation level of air cushions. • Cushion care and maintenance. • Patient to bring 	<ul style="list-style-type: none"> • To discuss all aspects of cushion care and maintenance "hands on" including life span / replacements and how to set correctly. 	<ul style="list-style-type: none"> • Appropriate ICID cushion leaflet. • Adjustable air cushion users will require an appropriate setting guide also.

Appointment	When seen by PC	Activity	Discussed	ICID Information given
		learning plan		
Inpatient 1st Acute / Non Acute Mobilising (with reported skin issues / vulnerable skin)	By Day 2 of mobilising (up for 30 mins maximum)	<ul style="list-style-type: none"> • Baseline Pressure Mapped and weighed • Assess size of cushion / postural aspects and action if appropriate. 	<ul style="list-style-type: none"> • The effects of skin damage in relation to exerted pressure and the principles of pressure relief and how limited movement can effect this. 	<ul style="list-style-type: none"> • Mobilising Regimes depending on extent of skin damage: • "Remobilising after a period of bedrest" • "Remobilising onto a healed pressure ulcer"
2nd	Approx 2 weeks after 1 st appointment	<ul style="list-style-type: none"> • Review Pressure Mapp and weighed • Assess size of cushion / postural aspects and action if appropriate. • Assess air cushions if patient has changed posture (from reclined to upright). 	<ul style="list-style-type: none"> • The patient will be informed verbally of the role of Pressure Clinic and the liaison between ward staff / therapists in relation to their seating / postural needs. • Patients must be informed that Wheelchair Services will be contacted generally 6 weeks prior to provisional discharge date, with regards to ordering equipment for discharge 	<ul style="list-style-type: none"> • Role of Pressure Clinic. • Cushion Provision for Patients with SCI. • Inform patient to bring learning plan at future appointments.
3rd	Approx 4 weeks after date of 2 nd appointment	<ul style="list-style-type: none"> • Weighed. • Assess inflation level of air cushions. • Skin care education. • Patient to bring learning plan 	<ul style="list-style-type: none"> • The principles of pressure ulcer development and skin care aspects. • To discuss skin marking and management in relation to sitting and lying etc. 	<ul style="list-style-type: none"> • Pressure Ulcer Prevention booklet
4th	Approx 4 weeks after date of 3 rd	<ul style="list-style-type: none"> • Weighed. • Assess inflation level of air cushions. 	<ul style="list-style-type: none"> • To discuss all aspects of cushion care and maintenance "hands on" 	<ul style="list-style-type: none"> • Appropriate ICID cushion leaflet. • Adjustable air cushion users will

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	appointment	<ul style="list-style-type: none"> Cushion care and maintenance. Patient to bring learning plan 	including life span / replacements and how to set correctly.	require an appropriate setting guide also.
1st Outpatient Non Acute Mobilising (following Pressure Ulcer Repair)	By Day 2 of mobilising (up for 30 mins maximum)	<ul style="list-style-type: none"> Baseline Pressure Mapped and weighed Assess size of cushion / postural aspects and action if appropriate. 	<ul style="list-style-type: none"> The effects of skin damage in relation to exerted pressure and the principles of pressure relief and how limited movement can effect this. 	<ul style="list-style-type: none"> Mobilising Regimes to be given: "Remobilising onto a healed pressure ulcer"
2nd	When mobilised for 3 hours once a day (By day 12 of Healed Ulcer regime).	<ul style="list-style-type: none"> Review Pressure Mapp and weighed Assess size of cushion / postural aspects and action if appropriate. Assess air cushions if patient has changed posture (from reclined to upright). 	<ul style="list-style-type: none"> To discuss skin marking and management in relation to sitting and lying etc. Enforce the need to follow the recommended mobilising regime / depending on skin condition. Ensure patient is aware of the risks of skin breakdown as more tension is applied to repaired area / builds up a tolerance to pressure over a longer time period. 	
3rd	When mobilised for 6 hours once a day (By day 18 of Healed Ulcer regime).	<ul style="list-style-type: none"> Review Pressure Mapp and weighed Assess inflation level of air cushions. 	<ul style="list-style-type: none"> To enforce the need to maintain mobilised at 6 hours until reviewed by Community Liaison Team / Plastics Tissue Viability Team (If following Healed Ulcer regime). 	

Appointment	When seen by PC	Activity	Discussed	ICID Information given
1st Outpatient Non Acute Mobilising (no reported skin marking)	On Day 1 of mobilising if following change of cushion regime (up for 1 hour maximum)	<ul style="list-style-type: none"> • Baseline Pressure Mapped and weighed • Assess size of cushion / postural aspects and action if appropriate. 	<ul style="list-style-type: none"> • The effects of skin damage in relation to exerted pressure and the principles of pressure relief and how limited movement can effect this. 	<ul style="list-style-type: none"> • Mobilising Regime: • "Mobilising following a change of cushion"
2nd	Approx 2 weeks after 1 st appointment	<ul style="list-style-type: none"> • Review Pressure Mapped and weighed • Assess size of cushion / postural aspects and action if appropriate. • Assess air cushions if patient has changed posture (from reclined to upright). 	<ul style="list-style-type: none"> • The patient will be informed verbally of the role of Pressure Clinic and the liaison between ward staff / therapists in relation to their seating / postural needs. • Patients must be informed that Wheelchair Services will be contacted generally 6 weeks prior to provisional discharge date, with regards to ordering equipment for discharge 	<ul style="list-style-type: none"> • Role of Pressure Clinic. • Cushion Provision for Patients with SCI. • Inform patient to bring learning plan at future appointments.
3rd	Approx 4 weeks after 2 nd appointment	<ul style="list-style-type: none"> • Weighed. • Assess inflation level of air cushions. • Skin care education. • Patient to bring 	<ul style="list-style-type: none"> • The principles of pressure ulcer development and skin care aspects. • To discuss skin marking and management in relation to 	<ul style="list-style-type: none"> • Pressure Ulcer Prevention booklet

		learning plan	sitting and lying etc.	
4 th	Approx 4 weeks after 3 rd appointment	<ul style="list-style-type: none"> • Weighed. • Assess inflation level of air cushions. • Cushion care and maintenance. • Patient to bring learning plan 	<ul style="list-style-type: none"> • To discuss all aspects of cushion care and maintenance "hands on" including life span / replacements and how to set correctly. 	<ul style="list-style-type: none"> • Appropriate icid cushion leaflet. • Adjustable air cushion users will require an appropriate setting guide also.