Wiltshire Community Health Services

Out of hours NG/Gastrostomy Feeding Regime for Patients at LOW Risk of Re-feeding Syndrome

Patient Name:	**Hospital Number:**
Ward:	**Date:**
Signature of initial assessor inc. grade:	

Follow the appropriate Care Plan for tube feeding management.

Day 1	**30ml/hr**	**for**	**20hrs (600ml)**
Nutrison Standard at Rest		**for**	**4hrs**

Flush tube before and after feed with 30ml freshly drawn tap water

If tolerating feed and blood results stable, proceed to Day 2.

Day 2	**50ml/hr**	**for**	**20hrs (1000ml)**
Nutrison Standard at Rest		**for**	**4hrs**

Flush tube before and after feed with 30ml freshly drawn tap water

Continue Day 2 daily unless patient weighs >50kg
If patient weighs >50kg and blood results stable, proceed to Day 3

Day 3

Nutrison Standard at Rest	**75ml/hr**	**for**	**20hrs (1500ml)**
		for	**4hrs**

Flush tube before and after feed with 30ml freshly drawn tap water

Continue as per Day 3 until reviewed by a Dietitian

Fluid requirements should be assessed on an individual basis by clinicians. As a guide, requirements are approximately:

- 35mls/kg for patients < 60 years of age
- 30mls/kg for patients > 60 years of age

This assumes there are no additional losses or requirements.
When assessing requirements, fluid given via enteral feeding and IV fluids must be taken into consideration, to prevent fluid overload.