

Name:
Address:
Date of Birth:
Hospital Number:

Procedure: Colonoscopy / Barium Enema / Small Bowel Meal / CTC / Capsule Study / Other

Step 1: Absolute Contraindications

GI Obstruction, ileus or perforation	Y/N
Severe Inflammatory Bowel Disease	Y/N
Toxic Megacolon	Y/N
Reduced conscious level	Y/N
Hypersensitivity to any ingredients	Y/N
Dysphagia (unless via NGT)	Y/N
Ileostomy	Y/N

If yes to any question, do not continue

Step 2: If patient likely to have abnormal blood test- Review the **Blood Results**

Na	eGFR 30-60 = CKD 3 eGFR 15-29 = CKD 4 eGFR 0-14 = CKD 5
K	
eGFR.....	

If abnormal blood results, refer to Step 4

Step 3: Review Medications

ACEi/ARB	Y/N	Safe to stop for 72 hrs?	Y/N
Diuretics	Y/N	Safe to stop for 24 hrs?	Y/N
NSAIDs	Y/N	Safe to stop for 72 hrs?	Y/N
Lithium*	Y/N	Safe to stop?	Y/N

Step 8: Signature.....
Print Name.....
Designation.....**Date**.....

Oral Bowel Cleansing Agent Prescription Checklist

This checklist is to be completed by the clinician authorising the oral bowel cleansing agent and should then be filed in the patient's medical records.

Step 4: Consider Co-Morbidities & Risk Factors

Co-Morbidities	Optimal Bowel Cleansing	Acceptable
Kidney Disease		
CKD 3	Klean Prep / Picolax	
CKD 4	Klean Prep (if fluid status allows)	Picolax
CKD 5	Klean Prep (if fluid status allows)	Picolax
Haemodialysis	Discuss with nephrologist	
Peritoneal Dialysis	Discuss with nephrologist	
Renal Transplant	Discuss with nephrologist	
Electrolyte Imbalance	Klean Prep	Picolax
Cardiac Failure	Klean Prep	Picolax
Liver Cirrhosis	Klean Prep	Picolax
Hypertension	Klean Prep / Picolax	

Step 5: Other Comments:

Step 6: Type of Bowel Prep to be Issued: Picolax / Klean Prep
(Picolax is the bowel cleansing solution of choice for most patients)

Step 7: Instructions provided to patient
Leaflet Y/N

KEY: ACEi Angiotensin converting enzyme inhibitors, ARB Angiotensin II Receptor Blockers, CKD chronic kidney disease, (Taken from BSG, 2009) RAF, HMD, JS, 2010.
*Lithium levels and toxicity may be increased by the fluid and electrolyte imbalance caused by administration of the bowel preparation. Check the most recent lithium level and make a clinical decision whether to omit any doses of lithium, if the lithium level is high, advice should be sought from the pt's psychiatrist.