

Appendix 5

MRSA Monitoring, Prescription and Treatment Pathway

Patient details (affix label)

**PRESCRIPTION SHEET FOR SKIN DECOLONISATION OF MRSA
Complete Skin Programme Treatment Record**

(Initial each box when completed, X if not done)

		Date								
			Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7	Day 8
Chlorhexidine gluconate 4% surgical scrub for bed/bath/shower daily	Once daily							Treatment Free Day	Treatment Free Day	Take 1 st Post Treatment Screen (if negative, 2 further screens on day 13 and 18)
Pharmacy Supply										
Wash hair with Chlorhexidine gluconate 4% surgical scrub Days 1 and 3	Day 1 & 3									
Pharmacy Supply										
Mupirocin (Bactroban) 2% nasal ointment (3 times daily for 5 days)	Breakfast									
	Lunchtime									
	Bed-time									
Pharmacy Supply										

Once swab results are returned, discuss further treatment with the Infection Control team, Bleep no. 1212

Wounds:

It is **NOT** recommended to treat extranasal **colonisation** sites with Mupirocin.

If Mupirocin is to be used on a small (<2cm) **clinically infected** wound then it should only be used together with a systemically active agent active against MRSA.

For large wounds, e.g > 2cm, seek advice from the Tissue Viability Nurse, Bleep no. 2025 who may prescribe antimicrobial dressings e.g silver or iodine based.

Prescriber's Signature Date:..... Bleep No

MRSA Monitoring Chart

MRSA Screening:

- After the initial MRSA positive screen all further screens are required from the **same** sites, unless no longer present (i.e. healed wound, device removed).
- Post treatment screens must be taken at a **minimum** of 5 day intervals. Screens should ideally be taken **before** the patient has had a wash (i.e. in morning).
- Screens may have to be repeated if the patient is still MRSA positive following treatment.
- 3 successive negative screens are required to complete clearance

Date of 1st post treatment screen:			
Sites swabbed	Results	Other sites swabbed	Results
Nose			
Groin			
Print name		Signature	

Date of 2nd post treatment screen:			
Sites swabbed	Results	Other sites swabbed	Results
Nose			
Groin			
Print name		Signature	

Date of 3rd post treatment screen:			
Sites swabbed	Results	Other sites swabbed	Results
Nose			
Groin			
Print name		Signature	