

Appendix 7 Competency Self – Assessment Form

Flexi-seal Faecal Management System

Aim: To establish competency in the appropriate selection of patients for whom the Flexi-Seal Faecal Management System would be appropriate and the correct insertion, maintenance and removal procedures working within Trust guidelines and the individuals scope of professional practice.

	Critical Competencies Do you know how to/can you:	Met	Not Met	Comments
Patient Selection				
1	Checks for appropriate patient selection criteria <ul style="list-style-type: none"> • Liquid to semi-liquid stool • Adequate sphincter tone • No contraindications 			
2	Demonstrates understanding and ability to implement the Trust policy for: <ul style="list-style-type: none"> • Before proceeding consults with medical staff • Appropriate person performing digital rectal examination before insertion of FMS and recording satisfactory outcome before insertion • Explains procedure to patient and obtains patient consent according to Trust policy • Makes provision for patient privacy and dignity to be maintained during the procedure. 			
Insertion Competencies				
1	Obtains appropriate equipment (kit, gloves, incontinent pad, lubricant, protective barrier)			
2	Preassembles the system, removes air from the balloon and fills syringe with no more than 45mls of tap water			
3	Positions patient appropriately, ideally left side-lying			
4	Demonstrates proper insertion technique, and positions balloon beyond the external orifice/rectal sphincter and well inside the rectal vault before inflating.			
5	Describes how to tell if the balloon is properly inflated and what to do in the event of improper balloon inflation.			
6	Check for proper positioning of the balloon against the rectal floor by gently pulling on the catheter.			
7	States the position of the black indicator line after insertion and records appropriately in			

	patients notes.			
8	Demonstrates how to hang the collection bag at the bedside.			
9	On completion of the procedure ensures accurate documentation is maintained, by recording date and time of insertion, volume of water in retention cuff, and batch number of Flexi-Seal FMS			
10	Demonstrates understanding of disposal of device, bags and other equipment according to Trust policy.			
Maintenance Competencies				
1	Demonstrates how to correctly irrigate the catheter.			
2	Appropriately change collection bag as per policy.			
3	Demonstrates procedure for stool sampling according to policy and hospital protocol.			
4	Discuss importance of maintaining accurate fluid balance and records			
5	Understands how to maintain patency of device: <ul style="list-style-type: none"> • Checks the black indicator mark is in correct position • Correct use of irrigation port • Maintains position of bag below level of bowel 			
Removal Competencies				
1	Describes clearly the indications for removal of the device			
2	Demonstrates how to deflate the balloon prior to removal of the device.			
3	Describes how to dispose of the device according to hospital protocol.			
4	Cites the maximum length of use of Flexi-Seal FMS as 29 consecutive days			

Notes:

Competency self assessment statement:

Having answered the above questions, I declare that I am now competent to use the Flexi-Seal Faecal management System appropriately and in accordance with Trust Guidelines . You must have correctly answered MET to all the above to consider yourself competent.

Name:
Signature
Ward/Department

Date:
Band

Having reviewed the above questions, I require further training to use this device in a competent manner.

Name:
Signature:
Ward/Department

Date:
Band

Training Delivered by:

Signature

Date: