**Post Covid19 Admission Respiratory Discharge Pathway**

**Pre discharge/On discharge**

* If still suspected/**Covid19 PCR swab results** still outstanding
  + Give patient CV19 Swab Results Hotline flyer (Patient Hotline **01722425120**) & email [sft.rcucovid@nhs.net](mailto:sft.rcucovid@nhs.net) with patient details to let them know to expect a call (see Microguide)
* Covid19 Pneumonia – if good prior performance status/recovering
  + Refer for virtual **Pulmonary Rehabilitation** – complete Post Covid19 Pulmonary Rehabilitation referral form (Microguide) & email to *PULMONARYREHAB* ([sft.pulmonaryrehab@nhs.net](mailto:sft.pulmonaryrehab@nhs.net)) or

phone ext 2892/4220 with pt details with expected date of discharge

* **Respiratory Nurse Led Teleclinic** ~ 2 weeks post-discharge
  + Junior doctor to arrange viaemail [Sft.respiratorynurses@nhs.net](mailto:Sft.respiratorynurses@nhs.net) orphone ext4792
* Written **Post Covid19 Discharge Advice** (Microguide- Patient Information)
  + Including**Post Covid19 Infection- Exercise and Pacing Patient Advice**leaflet
  + NHS[Your Covid Recovery](https://www.yourcovidrecovery.nhs.uk/)website
* **Follow up CXR**
  + 4-6 weeks post discharge (named Respiratory Consultant) – junior doctor to request
* **Respiratory Consultant Clinic** – check if required
* All information above to be included on **Electronic Discharge Summary** (EDS) to GP

**Post discharge**

**All Patients** with moderate to good prior performance status. Those with poor prior PS, case by case decision.

* **Virtual Pulmonary Rehabilitation** - ensure referral made (as above)
  + Virtual Pulmonary Rehabilitation Programme x6 visits
* **Respiratory Nurse Led Teleclinic** ~ 2 weeks post-discharge
  + Arrangedvia email*:*[Sft.respiratorynurses@nhs.net](mailto:Sft.respiratorynurses@nhs.net) orphone ext 4792
  + Update clinical check list (incl HAD), incl. ensure CXR requested
  + Sign post to – clinical psychology/dietician/Long Covid Clinic (non-resp/Wessex Rehabilitation *TBC*)
  + Outcome –discharge RNSp / further RNSp Teleclinic / Resp Physio/ +/- escalation to Resp Cons Review (further assessment/Ix – see BTS guidelines June 2020)
* Review **follow up** **CXR**–
  + 4-6 weeks post discharge (by named Respiratory Consultant)
  + May require additional CXR at 12 weeks/other investigations as required (Resp Cons to arrange)
* +/- additional***Respiratory Nurse or Respiratory Physio Led Teleclinic*** *~ 3-4 months*
  + Persistent Respiratory Symptoms - escalation to Resp Cons Review (further assessment/Ix – see BTS guidelines June 2020)
  + Long term symptom review - consider referral to Community/Trust Long Covid19 Clinic ( via Wessex rehabilitation-*TBC*)

**Some patients** (severe disease/complications/on-going symptoms)

* Optional **Respiratory Consultant Clinic** – either decided pre-discharge or > RNSp/Resp Physio review
* Consideradditional **Investigations** eg CT/ Sp02/Exercise assessment /Lung Function etc as per BTS guidelines (June 2020)
* Ex **ICU follow up** ~ 4 weeks – arranged by ICU Nursing team as required