

NTSP Tracheostomy Daily Care Bundle

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To be reviewed
EVERY shift

	Action	MINIMUM Frequency *
Tube care	<ul style="list-style-type: none"> - Secure the tube (tapes/ties) - Inner cannula (check/clean) - Cuff check (pressure) - Sub-glottic secretions (aspirate) 	8h 8h 8h 4-8h
Resus	<ul style="list-style-type: none"> - Review red flags - Know what to do 	8h Per shift
Airway	<ul style="list-style-type: none"> - Suction to keep airway clear 	8h
Care of the stoma	<ul style="list-style-type: none"> - Keep skin clean, healthy and dry - Change dressings - Skin care 	Daily Daily Daily
Humidification	<ul style="list-style-type: none"> - Keep secretions loose - Humidification ladder - Respiratory physiotherapy 	8h 8h 8h
Environment	<ul style="list-style-type: none"> - Bedhead sign - Bedside equipment 	Per shift Per shift
Communication	<ul style="list-style-type: none"> - Non-verbal communication aids - Communication plan 	Per shift Per shift
Mouth care	<ul style="list-style-type: none"> - Oral secretion management - Clean teeth 	8h 8h
Swallowing and nutrition	<ul style="list-style-type: none"> - Swallowing assessment - SALT referral - Adequate nutrition 	Daily Daily Daily

* The frequency of these interventions should be adapted based on individual patient need