

Dear

Congratulations on your pregnancy!

Many thanks for taking the time to talk to me earlier. The Midwifery Team look forward to completing your booking appointment which as discussed will be as follows:

Date:

Time:

Via Attend Anywhere - please see attached information leaflet with the link to your appointment, or by telephone.

Your clinic appointment will be:

Date:

Time:

Venue / Surgery:

As discussed, I have included below some links to important and relevant information for you to read at your convenience but please ensure you have read the antenatal screening options prior to your booking appointment.

SCREENING OPTIONS

<https://www.gov.uk/government/publications/screening-tests-for-you-and-your-baby>

<https://www.nhs.uk/pregnancy/your-pregnancy-care/screening-tests/>

HEALTHY PREGNANCY

<https://www.livewelldorset.co.uk/>

<https://www.bestbeginnings.org.uk/>

<https://www.tommys.org/pregnancy-information>

<https://www.nhs.uk/pregnancy/related-conditions/common-symptoms/common-health-problems/>

EMOTIONAL WELLBEING AND MENTAL HEALTH SUPPORT

<https://www.steps2wellbeing.co.uk/>

<https://pandasfoundation.org.uk/>

<https://what0-18.nhs.uk/popular-topics/mental-health/maternal-mental-health>

ADVICE REGARDING DOMESTIC ABUSE

<https://www.nationaldahelpline.org.uk/>

<https://www.dorset.police.uk/help-advice-crime-prevention/abuse-exploitation-neglect/domestic-abuse/>

If you can no longer make the appointment please call 01722 425185 as soon as you can and leave the Team a message. We can then re-arrange this with you. However once arranged, please make every effort to attend this appointment.

Please do not use this email address to correspond with us. This mailbox is not monitored.

If you have any problems, concerns or questions you MUST phone our maternity triage line on 01722 425185.