

# COPD discharge checklist

## 1. Demonstrate use of inhalers

Assess during medication rounds. Observe the patient using their inhalers and refer to Respiratory Nurses if technique is inadequate.

Inhaler technique checked: yes  no

Signature/date

## 2. Review patient's medications

Ensure medications have been optimised by respiratory specialist team

Medications reviewed by respiratory team: yes  no

Signature/date

## 3. Provide written self-management plan

Ensure patient has a completed self management plan describing how and when to use medications provided. Provide oxygen alert card if patient is at risk of CO2 retention. (Respiratory Nurses ext. 4792)

Self management plan given: yes  no  N/A

Oxygen alert card (ICID) if hypercapnea: yes  no  N/A

Signature/date

## 4. Ask GP to provide emergency drug pack (via discharge summary) e.g. prednisolone, antibiotics

Emergency drug pack requested: yes  no

Signature/date

## 5. Assess and offer referral for smoking cessation

Ask every patient whether they are a current smoker and offer referral to smoking cessation electronically or via Smoking Cessation Nurse ext 4270 or 07825 385858

Patient smokes: yes  ex-smoker  never smoked

Referral made: yes  no  declined  N/A

Signature/date

## 6. Assess for suitability for Pulmonary Rehabilitation post discharge - contact Respiratory Nurses/Respiratory Physio-therapist on ext 4792

Pulmonary rehabilitation has been shown to reduce re-admission, increase quality of life and exercise tolerance.

Suitable for Pulmonary Rehabilitation? yes  no

Refer for Pulmonary Rehabilitation (please leave patient details on answerphone if discharged out-of-hours)

Signature/date

## 7. Request follow-up within 72 hours of discharge by:

(Arrange via phone/fax/discharge summary)

Practice Nurse  Community Matron  GP  Respiratory Nurses

Other  \_\_\_\_\_ N/A

Signature/date

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