

Cancer Support Salisbury

For anyone affected by cancer including their loved ones and carers. They offer



complementary therapies, counselling, yoga, meditation classes and twice weekly social drop ins. For full information, visit www.cancersupportsalisbury.com, call 07926 841 698 or email info@cancersupportsalisbury.com

Maggie's Cancer Support Centre – Southampton



Support focussing on managing the emotional impact of diagnosis, managing symptoms/side effects, and the financial implications of cancer. They also have specific information resources to help you talk to your children about your diagnosis and support groups for children, families and young carers. Call 02382 124 549 or visit their website: www.maggies.org/

Carer Support Wiltshire

For under 16s – they have lots of resources to help young carers. These include an



information zone covering topics young carers might face like anxiety and dealing with particular types of caring roles. They also offer opportunities for young carers to go on activities and breaks.

Visit www.carersupportwiltshire.co.uk/young-carers. For 16 – 25 year olds, visit

www.yacbook.co.uk for how they can support you.

Can't find what you're looking for:

If you can't find the type of help you are looking for, the following websites have search engines where you can find resources which are available in your area:

www.swagcanceralliance.nhs.uk/resources/
www.cancercaresmap.org



Salisbury
NHS Foundation Trust

Cancer Services: Support services available for children when an adult has cancer



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Salisbury NHS Foundation Trust, Salisbury District Hospital, Salisbury, Wiltshire, SP2 8BJ
www.salisbury.nhs.uk/wards-departments/departments/cancer-services/

Person Centred & Safe

Professional

Responsive

Friendly

Progressive

Support at Salisbury District Hospital:

Cancer Support Team

Offer emotional and practical advice and support around your cancer through diagnosis, treatment and beyond. The team can also signpost you to resources to support any children within your family, through your diagnosis and treatment. Call 01722 336 262 ext.2417 to speak to your Cancer Support Worker.



Support services nationally:

Macmillan Cancer Support

Are there to support with any questions you have around cancer. They have lots of information resources available, including booklets to help you talk to children about your diagnosis. Their experts can also offer advice via their support line on 0808 808 00 00 (open 7 days a week, 8am—8pm).



The Osborne Trust

They support children who are 16 and under, whose parent/s have been diagnosed with cancer. They offer children access to various activities, emotional and practical support. For full details visit www.theosbornetrust.com



Hope Support Service

Supports young people aged 5—25 when a family member is diagnosed with life threatening illness. They offer online one to one support by video, call, email or Facebook messenger. They also have an online community on Facebook. For full details visit, www.hopesupport.org.uk



Parenting with Cancer PARENTING WITH CANCER

Offer advice, pre recorded workshops and coaching programmes, for cancer patients who have children. Advice ranges from speaking to your children about cancer, handling emotions, supporting neurodiverse children and parenting through your treatment. For full details, visit www.parentingwithcancer.org. They are partnered with Fruitley Collective whose medical experts have designed tool kits to help children understand diagnosis, treatment and side effects. Please note there is a charge for their toolkits, for full details visit www.fruitleycollective.com

Rip Rap

Specially designed for teenagers with a parent with cancer, to provide advice and emotional support. They offer a discussion forum so they can talk to other young people in similar situations, an advice column and you can also get in touch with a specialist cancer nurse for advice or support. For full details visit www.riprap.org.uk



Support services locally:

Jane Scarth House, Romsey



Is a free walk-in centre which offers practical and emotional support to anyone living with cancer, whether it is the patient or their family or carer. They offer counselling, meditation, aromatherapy, lymphatic drainage massage and more. Visit www.janescarthhouse.co.uk, call 01794 830 374 or email info@janescarthhouse.co.uk

Wessex Cancer Support

Offer free support for as long as needed for patients and their families at The Wellington Centre in Andover, including free counselling for children and young people affected by a family member's cancer diagnosis. Please call 023 8067 2200 or email careteam@wessexcancer.org.uk



We Hear you (Why?) Cancer Counselling

Offer free emotional support for anyone affected by cancer, from the age of four upwards. Including free one to one adult counselling which is available in locations across Wiltshire and Somerset. Please call 01373 455 255 or email info@wehearyou.org.uk for further details.

