

Resources

Links to Asthma + Lung UK personalised asthma action plans and inhaler technique videos

Asthma + Lung UK personalised asthma action plan

URL: <https://www.asthma.org.uk/conditions/asthma/your-asthma-action-plan>

QR code:



Asthma + Lung UK's videos on improving inhaler technique

URL: <https://www.asthmaandlung.org.uk/living-with/inhaler-videos>

QR code:

